



*Patient Instructions for*  
**Post DPN**

**Post-operative Care Instructions**

- Recommend Vaseline as many times a day as possible overall treated areas for the next week (7-10 days)
- Remove band aid in 24 hours and reapply vaseline and another bandaid to the area that is larger.
- Apply Tretinoin 0.1% cream over the entire face at tomorrow night \_\_\_\_\_.
- Please protect yourself from the sun as much as possible for the following 7 - 10 days.
- Your treated areas will come off in about 7 - 10 days, PLEASE do NOT pick them off, let them come off on their own.
- You are able to get the area wet after 24 hours but DO NOT submerge underwater for 7-10 days

**If you have any questions or concerns please call one of our locations:**

**Manhattan Beach:**

(310) 546-7780

**Torrance:**

(310) 370-5670

**Tustin:**

(714) 731-0061