



Neurotoxin- Post Treatment Instruction

- Avoid touching the treatment area for at least 4 hours post-procedure. Touching the area may result in neurotoxin migration into unexpected areas.
- Avoid laying down, resting hand in the face, or leaning face against pillow/chair for at least 4 hours post-procedure. This may also result in neurotoxin migration into unexpected areas.
- Gentle facial exercise in the treatment area is recommended. For example, raise the forehead, furrow the brow, and open/close the eyes.
 - Note: These measures should reduce the risk of ptosis (eyelid drooping)
- Cold compresses may be used immediately after the procedure to reduce swelling and bruising. Remember to use light pressure to avoid neurotoxin migration.
- Bruising may occur 1 to 2 days post-treatment at the injection sites. If you take blood thinners or anti-inflammatories regularly, you may experience bruising. Bruising should improve in 7 to 10 days.
- Slight redness and swelling can be expected post-treatment near the injection sites. This should improve in about 7 days. Cold compresses as discussed above may help this improve sooner.
- It generally takes 7 to 14 days for neurotoxin to reach peak effectiveness. A touch-up may be needed at this point if the results are not satisfactory. A follow-up appointment should have been made before you left your treatment today. It is important to keep your

follow-up appointment to assess the need for a touch-up. If you do not keep your follow-up appointment, we will assume you are satisfied with the results.

- Neurotoxin effect may last 3 - 6 months with an average being 3 - 4 months. Some clients have found with more treatments the effects are longer lasting.
- NEED HELP? – We are here to help every step of the way! From 8:30 am - 4:30 pm, call any of our locations. In case of an emergency or if you need immediate, after hour, or help over the weekend. Please call (310) 847-9693 or email marketing@oceanskinandvein.com